



G R E A T ♦ L A K E S
ORAL & MAXILLOFACIAL
S U R G E R Y C E N T R E

1825 MANNING ROAD ♦ RR#1 ♦ TECUMSEH ♦ ON ♦ N8N2L9
PHONE 519.979.7227 FAX 519.979.1956

INSTRUCTIONS BEFORE SURGERY

PLEASE WEAR LOOSE FITTING CLOTHING WITH SLEEVES WHICH CAN BE ROLLED UP PAST THE ELBOW,
AND LOW-HEELED, SECURE FITTING SHOES. (IE. NO FLIP FLOPS)

CONTACT LENSES, JEWELRY, AND DENTURES MUST BE REMOVED AT THE TIME OF SURGERY.
TONGUE/LIP PIERCINGS MUST BE REMOVED PRIOR TO SURGERY.

DO NOT WEAR LIPSTICK, EXCESSIVE MAKEUP, OR NAIL POLISH ON THE DAY OF SURGERY.

IF YOU HAVE AN ILLNESS SUCH AS A COLD, SORE THROAT, SINUS INFECTION, STOMACH OR BOWEL UPSET,
PLEASE NOTIFY THE OFFICE AS SOON AS POSSIBLE BEFORE YOUR SCHEDULED SURGERY.

PLEASE MAKE PRIOR ARRANGEMENTS BEFORE SURGERY TO HAVE SOMEONE AVAILABLE TO CHECK ON YOU
THROUGHOUT THE DAY, AFTER YOUR SURGERY, OR PROVIDE ASSISTANCE AT NIGHT IF NEEDED.

PLEASE TAKE MEDICATIONS AS DIRECTED BY DOCTOR BEFORE YOUR SCHEDULED ORAL SURGERY.

PATIENTS UNDER THE AGE OF 18 **MUST** BE ACCOMPANIED BY A PARENT
OR LEGAL GUARDIAN AT THE TIME OF THEIR SURGERY.

BEFORE IV DEEP OR CONSCIOUS SEDATION

YOU MAY NOT HAVE ANYTHING TO EAT OR DRINK (INCLUDING WATER)
FOR EIGHT (8) HOURS PRIOR TO THE APPOINTMENT.

IF YOU HAVE ANYTHING TO EAT OR DRINK BEFORE A PLANNED IV ANESTHETIC, IT IS IMPORTANT
YOU INFORM THE DOCTOR UPON YOUR ARRIVAL. EATING OR DRINKING PRIOR TO A PLANNED IV
ANESTHETIC WILL NECESSITATE YOUR CASE BE RESCHEDULED OR CANCELLED. TO PROCEED WOULD
PUT THE PATIENT AT INCREASED RISK FOR OTHERWISE AVOIDABLE COMPLICATIONS.

NO SMOKING AT LEAST 12 HOURS BEFORE SURGERY. IDEALLY, CUT DOWN
OR STOP SMOKING AS SOON AS POSSIBLE PRIOR TO THE DAY OF SURGERY.

A RESPONSIBLE ADULT MUST ACCOMPANY THE PATIENT TO THE OFFICE, REMAIN
IN THE OFFICE DURING THE PROCEDURE, AND DRIVE THE PATIENT HOME. NO EXCEPTIONS!

THE PATIENT SHOULD NOT DRIVE A VEHICLE, OPERATE ANY MACHINERY, MAKE IMPORTANT
FINANCIAL DECISIONS OR DRINK ALCOHOL FOR 24 HOURS FOLLOWING THE ANESTHESIA EXPERIENCE.

PATIENTS WHO NORMALLY TAKE PRESCRIPTION MEDICATION SHOULD DO SO
WITH THE SMALLEST SIP OF WATER NECESSARY, AS DIRECTED BY DOCTOR BEFORE A SCHEDULED IV ANESTHETIC.

PLEASE REMEMBER TO USE THE RESTROOM IMMEDIATELY BEFORE YOUR APPOINTED TIME.

IF YOU HAVE ANY QUESTIONS PLEASE DO NOT HESITATE TO CALL